

Opportunities for Diabetes Clinical Trials:

**The Diabetes Mellitus Interagency
Coordinating Committee**

Diabetes Prevention Working Group

January 18, 2007

#1. Normalize FPG

- **Subjects: IFG/IGT**
- **Goal: normalize glucose**
 - **Sustainability**
 - **Physiology**
- **Relatively small and short term**

#2. Prevent Vascular Disease

- **Subjects: IFG/IGT**
- **Goal: prevent increase in glycemia**
- **Interventions**
 - **More practical than DPP: large, simple**
 - **Stepped intervention if develop diabetes**
- **Large and long-term**

#3. Community-based intervention trial

- Subjects: small communities**
- Cluster randomization to minimal or intervention**
- Goal: facilitate physical act, diet**
- Individual: body size, glycemia**
- Need developmental & feasibility work**